TENNIS



High Performance Camp 2025

High intensity group designed for tournament and collegiate players with a goal of improved overall performance in competitions. **Invitation or tryout required.**

Ages 12-21

SCHEDULE: Monday, Tuesday, Thursday, Friday

Full Day (lunch included): 7:30AM-3:00PM

7:30-9:30ам	Tennis (Drills)
9:30–10:00ам	Cool Down
10:00-11:00ам	Fitness with Trainer
11:00ам-12:00рм	Lunch
12:00-3:00рм	Tennis (points, matches)

Full Day			
Members:	\$700		
Non-Members:	\$775		
Week 1			
Members:	\$600		
Non-Members:	\$650		

week	Dates
1	Jun 30–Jul 3 off July 4
2	July 7–11
3	July 14–18
4	July 21–25
5	Jul 28–Aug 1
6	Aug 4–8
7	Aug 11–15
8	Aug 18–22
9	Aug 25–29

MAKE UPS ARE NOT GUARANTEED. NO REFUNDS.

Register on the **Genesis Portal**

https://mbrportal.genesishealthclubs.com/ And add your child under "secondaries" Tennis > Programs > EDGE HP Summer Camp





Contact		e-mail	phone
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Tennis Office Manager	Chioma Blinn	smctennis@genesishealthclubs.com	914 733-4006

NOTE: TENNIS SHOES REQUIRED. NO EXCEPTIONS. (No Running Shoes, Casual Footwear: i.e. Merrell etc.)

Makeups will be attempted but not guaranteed. No refunds.