



Schedule

SUMMER 2024

Dance Fitness Party!!.

The Latin inspired dance class that will have you smiling and having a blast while you create a slimmer, more-shapely you! All levels welcome.

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| Tuesday | Dance Fit | 10:30-11:30AM | J.B. | GX Studio |
| Tuesday | ZUMBA | 10:30-11:30AM | Shahidah | GX Studio |
| Thursday | ZUMBA | 10:30-11:30AM | Jorge | GX Studio |
| Saturday | ZUMBA | 10:30-11:30AM | Shahidah | GX Studio |
| Sunday | ZUMBA | 10:30-11:30AM | Jennifer | GX Studio |

Please note: In inclement weather classes move indoors. Please check your email for notifications on those days.

Registration for Classes Available on SMC App 6 Days Prior to class

This schedule is subject to change, please refer to MySawMill App for most up-to-date schedule.